food nutrition

KALAHARI BILTUNG
Air Dried, Tainly Sliced Beef

SPICY PERI PERI



MUSHROOM MVP

Mushrooms are a great meat swap; this bag is proof. Soy sauce and brown sugar create the perfect sweet and salty balance. Shrooms Original Portabella Mushroom Jerky, \$6, itsa mushroom.com

TENDER, BOLD, TASTY.

PROTEIN SUGAR



CRAVING IT

Jerky 2.0

No longer the dried-out meat you'd find only in a gas station, the snack staple is now made with grass-fed beef, sustainably sourced salmon, and freerange turkey. Also: vegan options!

We chomped on a whole bunch to find ones worthy of a spot in your backpack for your next hike.

Sick of veggie chips? (It's okay, everyone needs a break!) Try iron-rich pea protein-based strips that mimic the texture of classic jerky. Krave Vegan Plant-Based Jerky Korean BBQ, \$6, kravejerky.com

TOP TURKEY

Big slices of tur-

key breast

(no off-cuts here,

thank you!) and other flavorful ingredients are

SEAFOOD ALL-STAR

Even fish foes will get hooked on these smoked salmon snacks that are packed with omega-3s. Fishpeople Sweet + Smoky Original Wild Alaskan Salmon Jerky, \$8, fishpeople seafood.com



CHELSEA KYLE, FOOD STYLING: DREW AICHELE